

AUSTRALIAN AND NEW ZEALAND SOCIETY OF JUNGIAN ANALYSTS
presents

Cultural Trauma: Jungian Perspectives

Canberra, 29 June 2019, 9.00am - 3.45pm

A seminar for clinicians, artists and people engaged with cultural trauma



Nizar Ali Badr, *Pebble Stories*

The term 'cultural trauma' implies an experience of rupture to one's fundamental sense of both personal and group identity and hence belonging. The need to be recognised and valued as belonging to a group of fellow human beings is essential for emotional survival because it legitimises our 'place' in the world. Group or cultural identity also links us through the present into both past and future.

We are now in a world where the wholesale destruction of countries as viable entities is a reality. So is the wilful destruction of meaningful sacred and cultural sites. Rape, genocide and mass expulsions of people are being used as weapons of war. Millions of dis-placed people end up either in camps scattered across Europe, the Middle East and tiny Pacific Islands near Australia or gather in areas on the edges of cities neither fully inside nor outside their host communities.

As walls go up and national boundaries are enforced as compensatory activity against rising anxieties of being overwhelmed by 'others', our ideas and beliefs about identity, culture, belonging and place, peace and freedom are being challenged. This seminar explores different psychological and creative approaches to healing cultural trauma both for individuals and cultures.

Glenda Cloughley will talk about *The People's Passion*, her current artistic project with A Chorus of Women. The *Passion* tells the 'forgotten' story of a worldwide web of women whose actions during WWI set a visionary 100-year agenda for international human rights. Glenda will share clues from the women's archives for cultural wellbeing in traumatic times and relate these to the healthy under-story of New Zealand culture that became visible following the 15 March 2019 killing of 50 people in two Christchurch mosques. Her inspirational choral work will be performed the night before the seminar.

Amanda Dowd will explore the nature of cultural trauma and our fundamental needs for recognition, legitimacy and belonging through the lens of the experience of displacement trauma. Amanda argues that this constitutes a rupture of psychic skin function and a traumatic loss of the implicit taken-for-granted link between mind/self and place, leaving psyche exposed to extreme states of alienation, paranoia and shame which have both individual and collective consequences.

Dr John Merchant turns his attention to the issues of cultural trauma and difference. Drawing together Jungian theory and practice with the work of Jeffrey Alexander (2004) and Piotr Sztompa (2004) he provides an up-to-date understanding of the nature and characteristics of cultural trauma as well as determining what is effective in addressing it. He examines analytic work, dreamwork, the use of symbolism and metaphor; meaning systems and ritualism; personal and societal governance, education and social participation.

Date:	Saturday 29 th June 2019 , 9.00am to 3.45pm
Venue:	Pavilion, Australian Centre for Christianity and Culture 15 Blackall Street, Barton, Canberra ACT
Full Fee:	\$250 AUD (incl GST)
Early Bird / Student:	\$230 AUD (incl GST) until 8 June 2019
Cancellation:	No refund for cancellation after 22 June 2019
PD certificate:	6 hours (certificate issued at event)
BOOKINGS:	https://www.trybooking.com/ZWKS

NB: 3.45pm-4.30pm: An information session about the next iteration of ANZSJA CGJI Analytic Training. Participants who are interested in training to become a Jungian Analyst are invited to stay for this information session.

Please Note: Friday 28th June 7.30 pm A Chorus of Women will present Glenda Cloughley's *The People's Passion* in The Chapel (same venue). For tickets and further information, including a report on *The People's Passion* performance on 11/11/18, see <http://www.chorusofwomen.org/events.htm>

PRESENTERS

Dr Glenda Cloughley is a Jungian analyst and a composer for the Canberra group A Chorus of Women. *The Axiom of Becoming*, her PhD in Psychology, was in part about the arts as vehicles for cultural wellbeing and regeneration. In 2003 she initiated a Lament for the people of Iraq that 150 Canberra women sang in Parliament House as the Prime Minister announced Australia was going to war. A Chorus of Women, formed in that international media event, is still sounding the voice of the citizens chorus - including through Glenda's retelling of wisdom stories for contemporary people's movements.

Amanda Dowd is a Sydney-based Jungian Analyst and Training Analyst with ANZSJA and is also Deputy Editor of the *Journal of Analytical Psychology*. Her areas of special interest are trauma, the formation of mind, self, identity and cultural identity and relationship with place. Her book *Placing Psyche: Exploring Cultural Complexes in Australia*, eds C. San Roque, A. Dowd and D. Tacey, was published in 2011 (Spring Journal Books). Her latest paper 'Uprooted Minds: Displacement, Trauma and Dissociation' will be published in the *Journal of Analytical Psychology* in 2019.

Dr John Merchant is an ANZSJA training analyst, an Associate Member of the JPA (NY), a supervisor with the Psychology Board of Australia and is on the editorial board of the *Journal of Analytical Psychology*. He runs adult education courses in Analytical Psychology at the University of Sydney and has presented at conferences in Australia, the UK, Europe and the USA. His publications include *Shamans and Analysts: New Insights on the Wounded Healer* (Routledge) which looks at the parallels between Siberian shamanism and contemporary psychotherapy; *Psychotherapy and Counselling: Reflections on Practice* (OUP) and *Research in Analytical Psychology* (Routledge). He is in private practice in Sydney.

For further details, or to be placed on the ANZSJA mailing list please contact:
joynorton@mountainpsych.com.au or leave a message on +61 3 9751 1941 (Enrolment is at ANZSJA's discretion).